



Bunjum Community Newsletter



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Jingya Wallah = Welcome

Bunjum Aboriginal Corporation Board, Management and Staff would like to extend a warm welcome back to the **third and final edition for 2017** of the Bunjum Community Newsletter.

We look forward to working with you all in continuing to provide best possible support and service for Aboriginal People within the Community in 2018.

A MESSAGE FROM BUNJUM BOARD

Bunjum Aboriginal Corporation's Annual General Meeting was held on the 16th November 2017. **Highlights from the Chairperson Report:**

Our Organisation, in line with its Vision Statement is to maintain and expand support services to the Aboriginal Community

Elected Board Members for 2018 are:

**Nancy Walke
Desmond Anderson
Kevin Roberts**

**Tania Marlowe
Carolyn Roberts
Emma Walke**

The Board also **acknowledge all Bunjum Staff and Volunteers for their get-up-and-go, dedication, and commitment in working tirelessly in service provision and taking that extra step in support our Community Members at all levels**

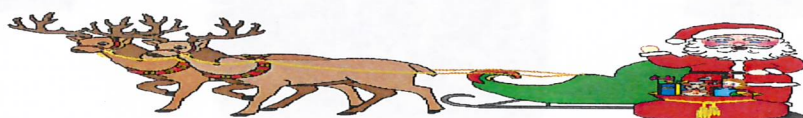
Our Corporation strategic plan is to continue focus on **building our capacity to secure more programs that empower Aboriginal People as part of the Vision Statement .**

Board also had a special acknowledgement and also extended thanks to the Members, for their vital support to the Organisation.

The Board would like to extend **the season's greetings** to all our Members, Community, Jarjums, their Families and **we wish you all a safe holiday period**



"The vision of Bunjum Aboriginal Corporation is to proactively aspire to rise above the inequalities, by maintaining our cultural identity and values through the provision of holistic, integrated services and programs, which enables and empowers local Aboriginal Community Members"





Extracts Bunjum Aboriginal Corporation—Annual Report

Our Achievements

It has been a very proactive year for Bunjum on many levels and under the guidance of the Bunjum Board we have **achieved** the following:

- ◇ More Aboriginal People are accessing our programs service supports across the Northern Rivers Region
- ◇ Other government and non-government agencies and private business companies are seeking to work with Bunjum and looking at positive opportunities with the local Aboriginal Community
- ◇ Our performance, governance and feedback to government agencies placed Bunjum in good position and recognised us as Organisations in meeting the culturally appropriate service needs of Aboriginal People.
- ◇ Successfully secured funding from NDIA via Age Disability Home Care (ADHC) for two additional Aboriginal Linker positions to ensure culturally appropriate support is available for Aboriginal People and their Communities during the transition to NDIS across the Northern Rivers Region to commence in 2017-18 year. We will then have a proactive Team of 4 Aboriginal Workers to support Goori People within this field.
- ◇ Our Organisation also received two short terms funding from NSW FaCS:
 - one was for an Aboriginal Culturally Appropriate Transition to School program
 - Aboriginal Disability Program to allow Bunjum to undertake accreditation in Disability services as well as developing possible business options for NDIS.
- ◇ We continue to a employer of Aboriginal People and currently have a workforce of 44
- ◇ We successfully supported a local high school Aboriginal Student to complete a school based traineeship in the Early Childcare field giving that person the opportunity to take on a position in the Childcare Centre after the year 12 Higher School Exams.
- ◇ NSW AHO have handed back 3 properties under Housing Aboriginal Community Program (HACP) to the Corporation



Check our **WEBSITE** for full Annual Report



www.bunjum.com





Our Centre New Goori Name



Bunjum Aboriginal Corporation Board decided that the Childcare Centre had operated under BACFC and now required an appropriate **Goori Language name** that **reflected the vision statement and intent of the Centre Service**.

The Board with the assistance of Bunjum Ngalingah Gulgan Project Worker Tania Marlowe was asked to convert a number of mainstream words identified by Board and Staff to local Bundjalung Language.

The *new name was launched at the 2017 Child Care Centre Pre-schoolers Graduation, Centre Concert and End Year Celebration* with Centre Jarjums, their Families, Community and Guests on the 6th December 2017.

Below are **Elder Julie Kapeen, Bunjum Board Member Carolyn Roberts and Centre Jarjum's Children** who officially launched the Centre new name below.



Jarjum Bugal nah = Children in a good place



Bunjum Community Newsletter



Jarjum Bugal nah Childcare Centre



Message from the Director:

HELLO AND WELCOME TO OUR FINAL NEWSLETTER UPDATE FOR 2017

What a great day we had at our end of year Xmas party and Graduation. I would like to congratulate all the Jarjums for their Deadly performances and I wish the 23 Jarjums that graduated all the best for their next step to BIG school. As I said at the xmas party the Jarjums have become involved and confident learners and have developed the required skills to confidently continue their learning journey. *Through their journey we have learnt a lot about our Culture and experienced hands on that same culture -for example collecting the Jubals from the trees and cooking them on the open fire, making Johnny cakes with our grandparents, and learning about the seasons through our cultural calendar and cultural studies program. We have visited significant parts of country with our Elders Uncle Roy, Uncle Gilbert, Uncle Mark Ferguson and Uncle Kris Cook and learnt the importance of country, flora and fauna.*

The Jarjums have developed a sense of belonging at the Centre- we have witnessed them in the play-ground collecting branches -sourcing clap sticks and instigating their own cultural dances and songs with their peers - and I might say they do DO it well !!!

The Vision Statement for BACFC talks about the centre being a special place of importance in the local Aboriginal community, to raise healthy and culturally strong children and is a place of belonging for all our Aboriginal children, their families and the local Aboriginal community. I feel we have continued aspired to this vision.

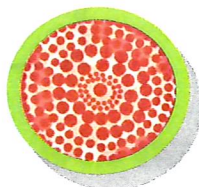
On behalf of the Educators and myself I would like to say that it is an honour and a privilege to be a part of the Jarjum's Learning Journey, and we look forward to continuing to build reciprocal relationships with our families in 2018

Also due to the high numbers we have in Long Day Care our vacation Care program will NOT be operating these holidays, sorry for any inconvenience this may cause.

I would like to take this opportunity to wish you all a safe and happy Christmas and we will see you back next year for another fun filled year of learning and enjoyment.

Kind Regards

Tanya Stuart
Director
Jarjum Bugal nah





Jarjum's Bugal nah Preschoolers Graduation 2017 Picture Gallery



Congratulations to all Jarjum's and their Families going to BIG School for 2018

PROUD & DEADLY



(02) 6681 1540

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Ph: 02 66811540

Email: director.bacfc@bunjum.com

⇒ *Harnessing our Jarjum's Cultural Identity helps to develop their sense of being, belonging and becoming.*

⇒ *Supporting and strengthening our Families on cultural, social and well-being levels are fundamental for our Jarjum's.*

⇒ *Jarjum's feel a sense of Identity when their families are honoured, celebrated and included at their service*



Centre Events

December

Wednesday 13th

**Excursion to
Cabbage Tree**

Island

Friday 15th December

**Last day Primary
and High School**

Friday 22nd December



**Centre Closed for
Christmas holidays**

Thursday 11th January

2018 Centre

Re-opens 6:30am





Bunjum Community Newsletter



Jalum Room News

Jingy Walla !

AND so another big year is coming to an end and we find ourselves in Thunderstorm season and celebrating the holidays. Community is eating Pipi's and Oysters, Burrabi's are breeding and the smooth barked gums are starting to shed their bark...

Here in the Jalum room we are also celebrating a change in season and looking back on how much we have learnt this year. Our Jarjums have grown so much this year! It is incredible to look back and see how far we have come.

Our Jarjum's are developing a strong sense of self esteem and self identity. We have been encouraging language skills and the sharing of ideas and this in turn has encouraged the Jarjums to develop their own sense of confidence and allows them to communicate their needs.

The Jarjums have been enjoying participating in early colour identification activities and building numeracy skills with mathematical activities and learning new counting songs. This has been really enjoyable to watch as the Jarjums build their cognitive knowledge, identification and classification skills. The beginning of the learning journey is well underway.

We are proud of our Jarjums who are not only curious about learning but have also begun to develop compassion, empathy and strong, caring relationships with their peers and educators. It's amazing to watch these beautiful little people show care towards each other.

Last but not least...

It is with mixed feelings we watch some of our Jalums transition up to the Gargoon Room next year. We will miss your little faces and personalities in the room. Thank you to each of you for filling us with the profound joy of getting to know you and your families.

WE cannot wait to see you shoot for the stars.....

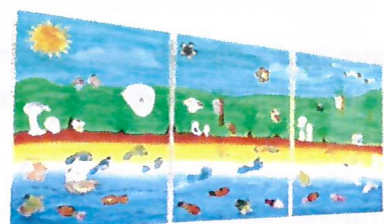
Wishing you all a relaxing and peaceful holiday. We look forward to seeing you all around the centre in the New Year.

Best and brightest wishes for this holiday season and always...

Karen, Louise, Amelia, Lisa and Jason.



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Bunjum Community Newsletter



Gargoan Room News

Current interests and learning



Jingi Walla everyone!

The Gargoan Room have been super busy the last few months, experiencing lots of exciting learning opportunities! Our highlight was definitely our exciting excursion to The Farm at Byron Bay to complete our "Spring time on the Farm" theme interest! We had a such a deadly time! The jarjums experienced seeing pigs, cows, chickens and horses in their natural environments, as well as seeing how some veggies and macadamia nuts are grown, which was great for extending of our learning of "where does our food come from".

Other learning activities we have been focusing on include;

We are becoming confident and enthusiastic learners of pre literacy skills to recognise letters of our name, and practicing writing by joining dot to dot and tracing inside lines of our names.

Improving our fine motor control to draw recognisable images of people and objects

Games with rules to learn skills for following directions, sharing and turn taking

Continued colour and shape matching activities to improve our recognition and identification

Encouraging jarjums to read their stories to peers to improve development of communication skills and self confidence

Becoming actively involved in sustainability practices for feeding our worms and chickens our food scraps

We have enjoyed making lots of Christmas craft over the last couple of weeks, including handprint Santa's and reindeer, collage baubles, and making a paper mache' canoe for our foyer display of Cabbage Tree Island Christmas (make sure you come check it out, Aunty Karen and Jojo have done a deadly job!)

End of year development summaries are nearly all completed, so make sure you have a read of it when your child/ren's Learning Journals are sent home in the next couple of weeks!

We have had a deadly year getting to know all our families and watch your jarjums learn and grow throughout the year, we are so proud of the strong, confident jarjums they have grown to become!

Wishing you all a happy, safe Christmas and New Year! Jojo, Kerryanne, Chrissy, Madi, Taharni and Kamarla



Bunjum Community Newsletter



Hello from the SeaHawk room



Over the past few months we have been **focusing a lot on preparing for BIG school**, the Jarjums are confident in making the right choices of foods for morning tea, lunch and afternoon tea and have developed the self help skills to unwrap their food and opening their lunchboxes.

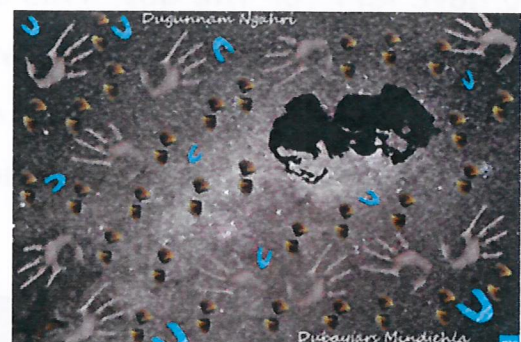
Our Transition to school program this year was much more successful and the children benefitted from the longer timeframe and extra days. We are confident that they have all the required skills to start their next learning Journey. We have been doing lots of learning including colour recognition, **we learnt the rainbow song in sign language**, focused on shape and letter recognition. The Jarjums are becoming very good at looking after their belongings, finishing tasks fine motor skills such as cutting and gluing, threading and problem solving.

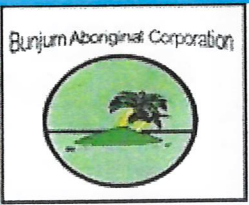
Our Cultural learning has included Language with Tania Marlow the Jarjums can recite Ency Wincey spider in Bundjalung, they have learnt the Taba Naba song which is from Torres Straight Island. The girls have learnt the Emu and Brolga dance and Jarred has taught the boys a few cultural dances as well.

We are so proud of our Jarjums who will be attending their first year of school and we wish them all the best in their learning Journey.

To all our families have a Safe and Happy Xmas and we look forward to working with you next year.

Melinda, Jarred, Melanie, Linda Kerry and Aleena





Bunjum Community Newsletter



Jarjum Bugal nah Childcare Centre

Labelling Items - Please remember to label all your children's belongings for example bottles, dummies, jumpers, socks, shoes and especially children's bags, as items which are un-labelled tend to become lost. It also helps relief staff know exactly where things go so there are no mix ups. Please also remember if your child requires a dummy during the day to send along a cover for it (for hygiene), for when not in use. Bottles should also be clearly labelled otherwise they will not be given out as we would hate for any mix ups to occur.

Safety - Safety around the Centre is very important and as you know we like to be very proactive. Please remember to hold your child's hand when leaving the Centre as the car park can be a very dangerous place. Please remember to shut all doors or gates when entering or leaving a room or the yard and if you see any OH&S concerns please feel free to approach staff so they can be rectified immediately.

Signing in and out - Please remember to sign your child in and out each day. This is very important for two main reasons. The first is so that educators are aware of the number of children at the Centre at any given time and who have left for the day. This becomes very important in the event of an emergency evacuation so that everyone is accounted for and for the end of the day safety checks. Families are also reminded that as part of receiving fee relief, the government requires all



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Bunjum Community Newsletter



Jarjum Bugal nah Childcare Centre

Clothing - Please remember to send your children into school in comfortable clothing. As the children spend time playing outside on climbing equipment it is very important that they have practical clothing which is safe such as enclosed shoes, not thongs or crocs and clothes that do not have long ties or strings which can become caught on climbing equipment. Aprons are provided for messy art or science activities but children sometimes get caught up in the creative side, so please send them in clothes that are not too good and can be washed

OH&S - Safety at the Centre If you see a concern around the Centre regarding the safety of the buildings or equipment please let our staff member know immediately so that it can be rectified as quickly as possible.

Toilet Training Toilet training is a very exciting time in a child's life. It is important to remember to pack several spare sets of clothing so if an accident occurs during the day, your child can be changed immediately so that they are comfortable. Please feel free to talk to the staff about your child's readiness to start or if you would like to check on their progress or plan strategies with one another. We have attached some information on toilet training to this newsletter.

Immunisation Reminder Have you remembered to submit your child's current immunisation status with the Centre? It is a legal requirement for all Centres' within Australia to keep up to date records on children attending Centres.

CCB & CCR :

If you commence work or enrol in an approved course please contact Centrelink

We appreciate our Families assistance with these above matters



Bunjum Community Newsletter



Jarjum Bugal nah Childcare Centre

Jarjum Bugal nah (Ballina Aboriginal Child and Family Centre) has a variety of policies which guide our Centre's operation. Each newsletter we will include some extracts for families. Our full policies can be viewed at anytime by our families. Our policy folders are kept in the foyer and you are most welcome to ask questions about our policies to staff. Please feel free to provide input into our policies which will help us when they are reviewed.

Strategies and Practices

The primary safety resting and sleeping practices for children in care at Ballina Aboriginal Child and Family Centre are:

- All children will be placed on their back to rest when first being settled for a rest. If a child turns on their side or stomach during sleep, then allow them to find their own sleeping position;
- All children will rest with their face uncovered;
- Children's rest environments are free from cigarette or tobacco smoke;
- The rest environment, equipment and materials will be safe and free from hazards.
- Staff monitor resting children at regular intervals and supervise the rest environment as per best practice standards.



Some children may fall asleep on cushions, couch or swing but will be moved to safer sleeping areas

Safe Sleeping for Babies and Toddlers

- Infants under 15 Months old will be placed in a cot for sleep time on their backs
- Air temperature will be maintained at a comfortable temperature
- Infants individual sleep pattern at home is used for the basis of establishing a sleep routine at our centre. On enrolment, our staff will enquire on your child's sleep routine, and discuss with you how your child's individual needs can be accommodated within the room's routine.

Babies under 12 months old will be placed on their back only to sleep unless directed in writing from a medical practitioner.

- Babies under 12 month old will be placed at the bottom of the cot to sleep with light bedding or a safe infant sleep bag with fitted arm and neck holes.
- Should a baby under 12 month of age move and fall asleep on their side or stomach they will be placed onto their back by an Educator (once they are in a deep sleep).
- A safe and strong cot will be provided that meets the Australian standards 2172 for cots.
- The mattress will be firm, clean and well fitted.
- Pillows, quilts or soft toys will not be used in a cot.
- Blankets should be firmly tucked in.
- Babies should sleep with their face uncovered.
- To wrap a baby we will use only cotton or muslin (to be supplied by yourself)
- Staff will create a safe, peaceful and relaxing environment at sleep/relaxation time by lowering the lights and playing soothing music.
- Each infant/child's nappy is checked prior to sleep time and changed if necessary.
- Excess clothing is removed to avoid overheating and safety.

**POLICY
UNPACKED**



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Jarjum Bugal nah Childcare Centre

Safe resting

practices for toddlers and preschool children

- Toddlers will be encouraged to rest on their back.
- If toddlers turn over during their sleep, allow them to find their own sleeping position.
- At no time will a toddler's face be covered with bed linen.
- Quilts and duvets will not be used to cover toddlers in a cot or on a mattress. Pillows, soft toys, lambs wool and cot bumpers are not recommended.
- Light bedding is the preferred option, which must be tucked in to prevent the toddler from pulling bed linen over their face.
- Quiet experiences may be offered to children who do not fall asleep.



If the child is not asleep after 20 minutes they are to be offered quiet activities away from the sleep area while waiting for peers to wake

Safe resting practices for school age children

- If a school age child requests a rest then there is a designated area for the child to be inactive and calm, away from the main group of children;

The designated rest area may be a cushion or bed in a quiet section of the care environment; and light bedding is the preferred option.

Safe resting practices for a child who is unwell

- A child will be placed on their back to rest
- All children will rest with their face uncovered
- Children who are unwell will be given the highest priority and monitored constantly especially if the child has: a high temperature, vomited or received minor trauma to the head.

Please refer to the Centre's Illness, First Aid and Supervision Policies for additional information.

Protective behaviours and practices

Supervision of resting children

- All children who are resting will be supervised by staff;
- Students or Volunteers will not be left unsupervised when settling children for rest;
- All children who have fallen asleep in the centre will be monitored regularly with specific attention to breathing patterns;
- Adults will not rest or sleep in the same environment as a child or group of children;

Supervision ratios will be maintained during the designated rest period; and

1 The centre regularly checks the rest environments of all children and observes the following:

1. The position of the child's body on their bed
2. Each child's breathing rate
3. The arrangement of bed linen

The environment (e.g. monitoring the temperature)





Bunjum Community Newsletter



Jarjum Bugal nah Childcare Centre

Settling children for rest

The techniques and strategies for settling a child/children for rest may reflect the:

- Individual needs of the child or group of children;
- Parenting beliefs and values of families accessing the centre; Professional philosophy, knowledge and experience of staff;
- Cultural and religious practices ; Frequency of days that the child attends care;
- Circumstances or events happening at home; Consistency of practices between home and care;
- Child's general health and well being; Status or condition of the rest environment; and

Use of comforters or resting aids (including dummies and security blankets)

When considering settling procedures for resting children, it is important for staff to:

- Meet the individual needs of children; Maintain health and safety practices;
- Minimise any distress or discomfort; Acknowledge children's emotions, feelings and fears;
- Avoid using settling and resting practices as a behaviour guidance strategy because the child begins to relate the rest environment, which should be calm and secure, as a disciplinary setting; and

Understand that young children settle confidently when they have formed bonds with familiar and trusted staff.



The rest environment and equipment

Position and maintenance of rest and sleep equipment and environment

- The centre will conduct a visual safety check of the resting environments and equipment on a weekly basis and a documented one every six months. If staff identify any hazards they will lodge a report as instructed in the Maintenance of Building and Equipment Policy.

The service does not permit the use of hot water bottles, electric blankets or heated wheat bags on children's beds. These items present a risk of children either being scalded or developing hyperthermia (overheating).

Hygiene practices

- The children's beds are cleaned with a non rinse disinfectant on a daily basis; Each child has their own bed linen; Bed linen is supplied and washed by the child's family;

Should linen need to be supplied by the centre, it will be washed once a week and before use by another child.

Rest and sleep times of the day

At the centre, the rest period is between 12.00 pm and 2.00 pm, however this is flexible to meet the needs of the children in care. Quiet rest areas are available throughout the day to meet the individual resting need of children, for example, when a child is unwell, taking medication that causes drowsiness, after immunisation, stress, or a change in sleeping patterns.

Sleepwear

Children resting in jumpers with hoods and cords are at higher risk of choking and should not be encouraged to wear these garments when resting.

Sleepwear should take into consideration the:

- child's age; safe resting practices established by the service; temperature of the rest environment; bed linen used for resting; and child's individual needs



Bunjum Community Newsletter



Jarjum Bugal nah Childcare Centre

One Hundred Ways a Parent can Praise a Child

Hey, I love you! * Way to go* Deadly* * You're special * Outstanding * Excellent You are fun * You're a real trooper * You're on target * Outstanding performance * Great * Looking good * You brighten my day * Good Well done * Remarkable * Super * I knew you could do it * Nice work What an imagination * I'm proud of you * Super star * Fantastic You're on top of it * You're catching on * Now you've got it * How smart Good job * You are the clever one * You are just delightful * That's incredible * Remarkable job * You're Beautiful * You're a winner You make me happy * Dynamite * Hip, Hip Hooray * You're important Magnificent * Beautiful * Super job* Deadly* You're the best * You're on your way How nice * You're Spectacular * You are a Darling * Beautiful work * Deadly * Good for you * Nothing can stop you now * You're fantastic * Wow You're a legend * Great Discovery You've discovered the secret Fantastic job * You're a champion * Awesome * You're precious Marvelous * You are responsible * Terrific * You are exciting * You're growing up * You tried hard Neat * You figured it out * You're unique * What a good listener * You're a treasure * Super work You mean a lot to me * You're a good friend * You deserve a big hug You are an absolute gem * You're incredible * I like you * Now you're flying * I respect you * Deadly* You're sensational * Phenomenal* Hooray for you* You care Creative job * You belong * You made my day * You are nice to be with You mean the world to me * You're important * You've got a friend You're a joy * You make me laugh * You're A-OK * You're my buddy I trust you * You're perfect * Bravo * You're wonderful * A big kiss * Exceptional performance * That's correct * Hey, I love you!

PS: Remember a HUG is worth 1000 words!





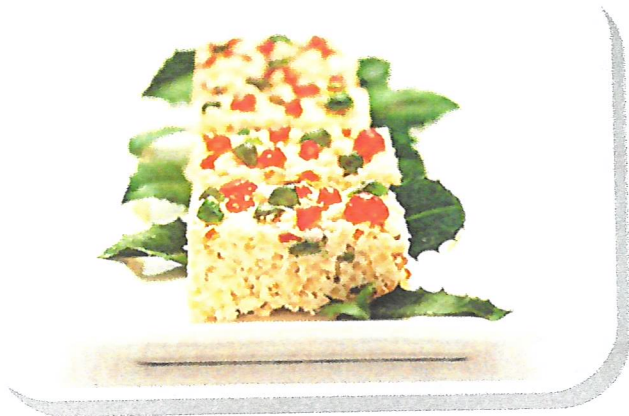
White Christmas

INGREDIENTS

- 250g cophia®*
- 3 cups Kellogg's® Rice Bubbles®
- 1 cup desiccated coconut
- ¾ cup icing sugar, sifted
- 1 cup powdered milk
- 1 cup packaged, dried mixed fruit
- glace cherries for topping

DIRECTIONS

1. Combine dry ingredients in a mixing bowl.
2. Melt cophia slowly over low heat.
3. Cool slightly, pour onto dry ingredients. Mix well.
4. Working quickly spoon into paper patty cases or press into a lamington tin.
5. Freeze until set (about 15 minutes), then store in the refrigerator.
6. Serve cut into fingers and topped with glace cherries.



TRY THIS DELICIOUS RECIPE—YUMMY

Healthy Tips

Swap half an hour of screen time every day

Try these fun-filled games instead

Ask Mum/Dad to help you

Materials:

- Old Cardboard Box
- Textures or paints & brushes
- Parent/ Carer over 18 years to cut circles with small plate size
- Tennis or Rubber Balls (8-10)

Game:

See how many balls go through the Christmas Tree. Winner is the person with most balls through the tree.

Have Deadly Fun— beat your brothers, sisters, cuz, family, friends





Bunjum Community Newsletter



Congratulation **TAMMY KAPEEN** **10 years Service**

Bunjum Aboriginal Corporation would like to extend our heart warm appreciation for Tammy's dedicated, loyal service and her outstanding contribution to our Organisation. A PROUD **ACHIEVEMENT**.

*We look forward to continuing our working relationship with Tammy
From Bunjum Board and Your Awesome Bunjum TEAM*



Family were there to Celebrate this service milestone with Tammy

YOUR AN INSPIRATION

