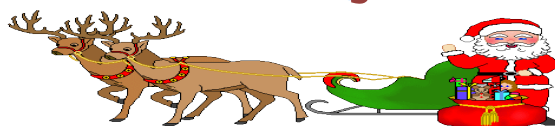


Bunjum Community Newsletter



Jingya Wallah = Welcome to our December 2018 Edition

Inside this issue:

Front Page Bunjum Wel-	1
come/Board Message/ OFFICE Close	
Bunjum & Entities Achieve-	2
ments	
Jarjum Bugal Nah Childcare	3
& Family Centre News	To
	16
Linkers News	17
Important Contacts	18
Tenant News	
Pictorial Gallery	19
Partnerships	20-21
Deadly Jarjum Pages	22-23
Christmas Wishes	24

"The vision of Bunjum Aboriginal Corporation is to proactively aspire to rise above the inequalities, by maintaining our cultural identity and values through the provision of holistic, integrated services and programs, which enables and empowers local Aboriginal Community Members"



A Message from the Bunjum Board

Bunjum Aboriginal Corporation's Annual General Meeting was held on the 15th November 2018. *Highlights from the Chairperson Report:*

Our Organisation, in line with its Vision Statement is to maintain and expand support services to the Aboriginal Community

Elected Board Members for 2019 are:



Nancy Walke

Tania Marlowe

Desmond Anderson

Carolyn Roberts

Kevin Roberts

Nghaeria Breckenridge

Lawrence Roberts Chairperson

The Board also **acknowledge all Bunjum Staff and Volunteers , dedication, and commitment in working tirelessly in service provision and taking that extra step in support our Community Members at all levels**

Our Corporation strategic plan is to continue focus on **building our capacity to secure more programs that empower Aboriginal People as part of the Vision Statement .**

Board also had a special acknowledgement and thank you, the Members, for your vital support to the Organisation.

The Board would like to extend **the season's greetings** to all our Members, Community, Jarjums, their Families and **we wish you all a safe holiday period**

**BUNJUM 44 TAMAR OFFICE & JBCFC FAMILY SUPPORT
OFFICES WITH BE CLOSED FROM 4PM ON WEDNESDAY 19
DECEMBER 2018
AND WILL REOPEN ON MONDAY 7 JANUARY 2019**



Bunjum Community Newsletter



Extracts from Bunjum Annual Report– General Managers & Chairperson Reports to the Bunjum Board & Members below:

From Grafton to Tweed there are approximately 12,941 Aboriginal persons residing in our Region. Our three entities, **Bunjum Aboriginal Corporation, Bunjum Aboriginal Early Childhood & Family Services Pty Ltd., and Bunjum Social Housing Pty. Ltd.,** have facilitated a variety of supports and services to the Aboriginal Community in this Region in excess of 3,641 which is approximately 28% of the entire Aboriginal population.



Jarjum Bugal Nah
Childcare Centre

CLOSED

**Last Day Friday 21
December 2018**

OPEN

**Re-open Thursday 10
January 2019**



Highlights of this Year's Achievements

- ♦ **Koori Mail Investment Dividends for Corporation**
- ♦ **Bunjum Aboriginal Corporation Verification Statement for NSW Disability Services**
- Standards- NDIS Registration Cluster Support Groups:**
 - **Participate Community**
 - **Group/Centre Activities**
 - **Development – Life Skills**
 - **Support Co-ordination**
- ♦ **NQF Exceeding Accreditation**
- ♦ **Premier's Award for Public Service 2017**
- ♦ **Extension of Early and Ability Linkers Program**



Visit from the NSW Governor

Another positive story for our Corporation, during this annual reporting period, was the **visit from the Governor of NSW the Hon David Hurley**. Our Organization was chosen from a number of other organisations for a special visit from the Governor. Who said that **he had heard great things about our wonderful Early Learning Centre** and wanted to come up from Sydney to specially visit us.

We were able to show the Governor our Centre, in particular, our **Jarjums singing in Language**. The Governor said that he was very impressed and had not visited such an **inspiring Aboriginal Early Learning Centre before**. He was very interested to see the **Jarjums learning the Bundjalung language** and growing strong in Culture and all the passionate staff and great community input into the Centre. The Koori Mail attended the event and an article was posted in their National Paper along with photographs of the memorable morning.



BUNJUM STAFF MEETING & YARNING WITH THE NSW GOVERNOR



Address:

10 Hayman St, West Ballina.
NSW 2478

Ph: 02 66811540

Email:

director.bacfc@bunjum.com



Pre-schooler's Don't forget to pack your Healthy Lunchbox each Monday and Thursday.

Signing In and Out I would like to remind all families of the importance of signing your child/ren in and out each day. If you are unsure about this or have an issue with the kiosk on arrival or departure, our staff here are always available to help. Please ask an educator or me for assistance if required.



November 2018

6th Tuesday - Melbourne cup
day hat making!

9th Friday - Remembrance day

December 2018

Wednesday 12th December

Annual children's Christmas
Party and Preschool Gradua-
tion !!! Santa's visit with a gift
for all Jarjum Bugal Nah Jar-
jums. Sausage sizzle will also
be provided.

25th Tuesday - Christmas Day

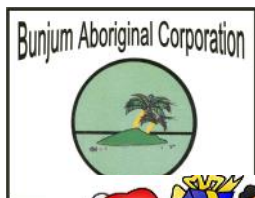
26th Wednesday- Boxing day

Centre Closing dates for XMAS
Holidays Last day Friday 21st

December re-open Thursday
January 10th January 2019

Parent involvement in the
centre is very much welcomed
If you have a talent that you
can share with us please feel
free to talk with the Educators
and we can arrange a time to
share these skills with the
Jarjums





Bunjum Community Newsletter



October - December Newsletter 2018

Message from the Director:

Our Transition To school program is in its 4th week now and the Jarjums have settled in nicely to their new school environment. Mel, Mel or Amelia from the Preschool room have been attending the Transition program with the Jarjums to ensure the transition is as smooth as possible.

The Bush Tucker Garden is growing rapidly with the onset of spring, please feel free to have a wonder through the garden and check out the bush tucker plants that we planted, a huge thankyou to all those involved in the creation of this garden the entire project was a huge success.

Christmas is just around the corner and a reminder for all families that the centre will be closed from Friday 21st December 2018 and will reopen on Thursday 10th January 2019. Our end of year Graduation and celebration will be held on Wednesday 12th December, as usual we will have lots of fun activities for the children, performances and Graduation for our Pre-schoolers.

Since last time we have seen Daylight savings come in and the weather has warmed up immensely, please pack changes of clothes for your Jarjums as we will taking advantage of the warmer weather and engaging in a lot of water play activities.

Sunscreen Station

Just a reminder to make sure all families are aware of the sunscreen station which is situated on top of the hat station above the stairs. This station has been set up to ensure your children aren't missing their sunscreen application each morning. Please encourage them to use the sunscreen supplied on arrival at the service if they haven't already, also we have mozzie repellent for you to apply as well to reduce the chance of mosquito bites

Regards

Tanya Stuart

Director



Writing in Early Childhood

Young children need to learn how to use a computer key board and an ipad but they also need to learn how to use a pencil.

The computer key board is a tool as is a pen or pencil but often children are not practising the skill of using a pencil and strengthening their fine motor skills to be able to manipulate a pencil effectively once they reach school. Creating the formation of a letter is part of learning and consolidating knowledge. It helps children to remember the shape and associate this shape with a sound and communication.

From the moment a child starts to place marks on a page they are learning about the importance of written communication.

We need to ensure that children have access to pencils from a young age and that they are continually given opportunities to draw and communicate through their symbols and writing.

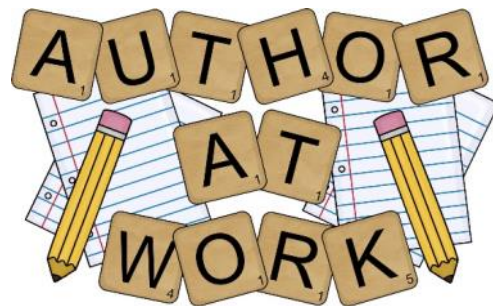
Early years services ensure that children have plenty of opportunities to use pencils NOT just coloured markers. Why?

Markers are easy to use and don't require the same pressure as a pencil. They can also be a very different thickness and not assist a child's developing pencil grip.

If you are interested in a short read on the developmental stages of writing, go to:

<https://www.livestrong.com/article/88414-early-childhood-writing-development/>

abcdefghijklmnopqrstuvwxyz



Jalum Room News

This year in the Jalum Room we have also been assisting the Jarjums in developing strong cultural ties and their identities and connection to country and the world around them using nature and sensory play, dramatic play. Educators introduced concepts of nature and our environment and animals to the Jarjums to ensure the Jarjums learn about nurturing and caring for their country.

We have enjoyed building from your Jarjums interests, skills and knowledge and have shared many laughs and proud moments watching each and every one of them achieve successes, develop dispositions for learning and become confident and involved little learners.



Wishing you all the very best and brightest wishes for the upcoming holiday season.



Kerryanne,
Louie, Teeearn
and Jason

PIC•COLLAGE

GARGOON NEWSLETTER OCT-DEC

It's getting close to the end of the year and our Gargoon Jarjums have grown so much! We'll soon be saying goodbye to many of you and wish you well.

We've done lots of drawing and writing our names, cutting, puzzles and other activities to develop our fine motor and problem solving skills.



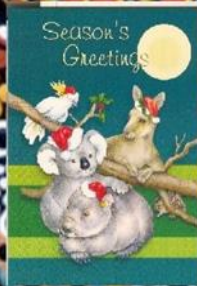
We're practicing our end of year songs and can sing some new songs in Bundjalung, that we've learnt from Aunty Tania.



We've also done lots of cooking, learning about following a recipe and observing changes and talking about healthy foods.

Outdoor learning gives us opportunities to role play, share, explore and create with natural materials. Our new 'boat area' is very popular. We've been have a Yarning Circle together with Preschool on the verandah and singing in Bundjalung and doing some dancing.

Some of the things we have been learning about include : learning about colours and shapes and opposites.



From all the Gargoon staff—
Min, Jo, Jess,
Chrissy (looking forward to having her back soon),
Bridget,
Michaela, Stacey,
Millo ❤️



Developing knowledgeable and confident identities

We've done some cooperative games for group time—passing the bean bag and acting out stories "the 3 little pigs"



PIC-COLLAGE





JBCFC

Labelling Items - Please remember to label all your children's belongings for example bottles, dummies, jumpers, socks, shoes and especially children's bags, as items which are unlabelled tend to become lost. It also helps relief staff know exactly where things go so there are no mix ups. Please also remember if your child requires a dummy during the day to send along a cover for it (for hygiene), for when not in use. Bottles should also be clearly labelled otherwise they will not be given out as we would hate for any mix ups to occur.

Safety - Safety around the centre is very important and as you know we like to be very proactive. Please remember to hold your child's hand when leaving the centre as the car park can be a very dangerous place. Please remember to shut all doors or gates when entering or leaving a room or the yard and if you see any OH&S concerns please feel free to approach staff so they can be rectify immediately.

Signing in and out - Please remember to sign your child in and out each day. We have the new electronic system up and running which makes it a lot easier for parents to confirm times and attendance. This is very important for two main reasons. The first is so that educators are aware of the number of children at the centre at any given time and who have left for the day. This becomes very important in the event of an emergency evacuation so that everyone is accounted for and for the end of the day safety checks. Families are also reminded that as part of receiving fee relief, the government requires all families to sign in and out

Safety

sign in & Out

Label Items



JBCFC

Clothing - Please remember to send your children into school in comfortable clothing. As the children spend time playing outside on climbing equipment it is very important that they have practical clothing which is safe such as enclosed shoes, not thongs or crocs and clothes that do not have long ties or strings which can become caught on climbing equipment. Aprons are provided for messy art or science activities but children sometimes get caught up in the creative side, so please send them in clothes that are not too good and can be washed

OH&S - Safety at the centre If you see a concern around the centre regarding the safety of the buildings or equipment please let our staff member know immediately so that it can be rectified as quickly as possible.

Toilet Training Toilet training is a very exciting time in a child's life. It is important to remember to pack several spare sets of clothing so if an accident occurs during the day, your child can be changed immediately so that they are comfortable. Please feel free to talk to the staff about your child's readiness to start or if you would like to check on their progress or plan strategies with one another. We have attached some information on toilet training to this newsletter.

Immunisation Reminder Have you remembered to submit your child's current immunisation status with the centre? It is a legal requirement for all centres' within Australia to keep up to date records on children attending centres.



POLICIES IN BRIEF

Ballina Aboriginal Child and Family Centre has a variety of policies which guide our centre's operation. Each newsletter we will include some extracts for families. Our full policies can be viewed at anytime by our families. Our policy folders are kept in the foyer and you are most welcome to ask questions about our policies to staff. Please feel free to provide input into our policies which will help us when they are reviewed.

Dental Policy

Objective: To Foster good Dental Hygiene Practices.

Rationale: The most common cause of dental disease in children is dental caries (tooth decay) and periodontal disease (gum disease). Both dental decay and gum disease can affect even very young children and are preventable through effective dental hygiene practices. Dental decay and gum disease may lead to negative outcomes for children including discomfort, other related health problems, poor nutrition, disfigurement or future dental problems. Children may also be affected by experiencing major dental or medical treatment that may be required as a result of poor oral or dental health.

Implementation:

Educators at Ballina Aboriginal Child and Family Centre will encourage all children to practice correct dental hygiene by:

- Encouraging children to drink water after meals – thereby rinsing their mouths
- Promoting Healthy eating to protect teeth
- Educators will not allow bottles in cots or children to fall asleep with bottles to minimise the effect of milk and the teat on teeth



POLICIES IN BRIDGE

- Provide milk at lunch time as a source of calcium - dairy products have a proven protective effect in oral hygiene
- Providing water throughout the day which provides fluoride for the teeth encouraging children to drink and enjoy water and to eat fresh fruit
- Educating children by having discussions and stories in relation to correct food choices that strengthen teeth and reduce tooth decay
- Providing families with information on dental care practices that are recommended by recognised health and dental care authorities displaying posters promoting healthy teeth and gums and correct oral hygiene
- Having annual visits from a dental health professional to talk to the children about good dental hygiene practices.
- Encouraging families to utilize community health dental for regular checkups
- Reminding children that the most important times of the day to brush their teeth are after meals and before bed, so any sugar etc., is removed regularly.

By promoting all of the above, in conjunction with educating children, Educators and families, we hope to promote a strong awareness of dental care throughout our Centre, our programs and within the home.

First Aid for a Knocked Out or Chipped Tooth in a Child

In the management of any dental trauma, childcare personnel need to follow a logical sequence in order to estimate the extent of the injury and to make an accurate diagnosis. The following sequence should be followed when a tooth is knocked out of its socket:

- Remain calm and try to find the tooth. A dental professional will want to see the tooth and/or the tooth fragment(s). It is important to know whether the tooth or tooth fragment(s) has been inhaled.
- **Inhaled teeth are a medical emergency and the child MUST be taken immediately to the Emergency Department of a Hospital for a check-up and a possible chest x-ray.**
- If it is a baby tooth, do not put it back in the socket because it will damage the underlying developing permanent (adult) tooth.
- **Children aged 0-5 years of age are more likely to have baby teeth than permanent teeth.** If there is any doubt about whether it is a baby tooth or an adult tooth, put the tooth in milk or saline and take the child to a dental clinic immediately.
- If a permanent tooth has been knocked out, place it in milk or saline immediately to avoid dehydrating and damaging the delicate cells on the root. Do not rinse or scrub dirt off the tooth. Do not allow the tooth to remain dry at any stage.
- Notify parents / carers of the incident.
- Go to a dental clinic or the Emergency Department of a Hospital as soon as possible. **Time is a critical factor in saving the tooth.**

Remember In the following weeks or months after the dental injury, if you notice any unusual red or swollen gums in a child's mouth, or if the tooth changes colour, advise the parents/carers to make an appointment at a dental clinic as soon as possible.



Jarjum Bugal Nah Childcare & Family Centre

We need your input into the Quality Improvement Plan

QIP: We are constantly seeking valuable input into our Quality Improvement Plan. If you have any suggested improvements to add you can find pen and paper with our QIP display located in the foyer of the service

We need your input into the Dental Policy

If you have any input into to the revision of our Dental Policy please see Tanya or Jojo

Management & Teacher Professional Development

Educator Training: Aunty Karen and Aunty Tanya recently engaged in Smarter Stronger training this Training was amazing and they have both brought back ideas and incorporated them into our everyday practice



Check out our Bush
Kitchen



One Hundred Ways a Parent can Praise a Child

You are Strong Black and Deadly!!!

Hey, I love you! * Way to go * You're special * Outstanding * Excellent You are fun
* You're a real trooper * You're on target * Outstanding performance * Great *
Looking good * You brighten my day * Good Well done * Remarkable * Super * I
knew you could do it * Nice work What an imagination * I'm proud of you * Super
star * Fantastic You're on top of it * You're catching on * Now you've got it * How
smart Good job * You are the clever one * You are just delightful * That's incredi-
ble * Remarkable job * You're Beautiful * You're a winner You make me happy *
Dynamite * Hip, Hip Hooray * You're important Magnificent * Beautiful * Super
job * You're the best * You're on your way How nice * You're Spectacular * You are
a Darling * Beautiful work Good for you * Nothing can stop you now * You're fan-
tastic * Wow You're a legend * Great Discovery You've discovered the secret Fan-
tastic job * You're a champion * Awesome * You're precious Marvellous * You are
responsible * Terrific * You are exciting * You're growing up * You tried hard Neat
* You figured it out * You're unique * What a good listener * You're a treasure *
Super work You mean a lot to me * You're a good friend * You deserve a big hug
You are an absolute gem * You're incredible * I like you * Now you're flying * I re-
spect you * You're sensational * Phenomenal * Hooray for you * You care Creative
job * You belong * You made my day * You are nice to be with You mean the
world to me * You're important * You've got a friend You're a joy * You make me
laugh * You're A-OK * You're my buddy I trust you * You're perfect * Bravo * You're
wonderful * A big kiss * Exceptional performance * That's correct * Deadly * Hey, I
love you!

PS: Remember a HUG is worth 1000 words!

Healthy Tip



Did you know? Children aged between 2-3 need 2½ serves of veggies every day - and children aged 4 to 8 need 4½ serves of veggies every day. Take the challenge and fill half of your family's plates with veggies tonight! For some great ideas go to www.gofor2and5.com.au/

Keep Lunches Simple

Try some raw vegies such as carrot sticks, cherry tomatoes, cucumber, capsicum strips as a snack or add to a sandwich, wrap or roll.

The Northern NSW Local Health District would like to remind parents and carers that the Child Oral Health Service offers FREE dental care to ALL children under 18.

Oral health is essential for health and wellbeing.

It is recommended that children have regular dental check-ups starting at 1 year.

Regular dental check-ups can prevent minor problems becoming major ones and prevent unnecessary pain and distress. Dental visits can be fun for kids, treat these visits as normal, routine events so as not to develop fear.

Did You Know?

Introducing physical activity can start before your child begins to crawl. We call it 'Tummy Time'. As soon as baby can move freely, try including reaching and grasping, pulling and pushing activities. Supervised floor play is a great way to have quality time that's active time. Choose boxes, pots, pans, streamers, hoops and toys that encourage reaching, stretching, crawling and moving. Play materials don't need to be expensive and can be





Bunjum Linkers Support Services

Our Early & Ability Linkers Programs employs 4 Linkers under the NDIS. This Program has been a crucial element to assist those Aboriginal families and children with disabilities into the NDIS.

Bunjum Linkers, work closely with people with disability, their families and carers to support them to fulfil their goals, hopes and dreams, whether their goal is to take part in sport, education, volunteering, or other activities, our Linkers help them to remain at the centre of decision making about how they want to lead your life. Linkers have strong local knowledge and work alongside communities, supporting them to be welcomed and included.

For support and assistance in **2019** please contact Bunjum Linkers at JBCFC on individual mobile phone numbers below or come over to the Jarjum Bugal Nah Childcare & Family Centre:

Ability Linkers: **Leanne Torrens**—0458684075

Nghaeria Roberts-Breckenridge—0478573214

Early Linkers: **Trudy Roberts**—0498683782

Isobel Bradshaw—0499206076

Linker Events with Children & their Families with Disabilities



Important Contacts in Holiday Period

www.tenants.org.au

Domestic Violence Line
1800 656 463

Homelessness Service Link2home
1800 152 152

Kids Help Line
1800 551 800

**The Northern NSW Aboriginal Tenants
Advice and Advocacy Service (NATAAS)**
provides advice and advocacy to
Aboriginal clients who have issues with
their tenancy whether in social,
community, or private housing

1800 248 913
(02) 6643 4426
Hours:
Mon to Friday
8:30am to 4.30pm



Bunjum Tenant News



LKP

Lisa Kinna Property

**Bunjum Social Housing Property
Manager LKP Office Close
period is listed below:**

CLOSED

23 December 2018

OPEN

2 January 2019



Pictorial Gallery



Jarjums meet Govenor

By KEIRA JENKINS



UP to 50 children go to Bunjum Aboriginal Corporation's Jarjum Bugal Nah Childcare and Family Centre in Ballina, NSW, each week day.

But it's more than just a childcare centre, and that's what staff, Elders and community members told NSW Governor David Hurley on his visit to the centre last month.

When Mr Hurley visited the centre he sat with Bunjum's staff, who explained the importance of the childcare centre and expressed their concerns for its future.

Staff said the centre is unique and special, offering not just a place for children to be looked after, but to support the entire family in a holistic and culturally safe way.

Jarjum Bugal Nah operations manager Mark Tiris said Bunjum was thrilled to host the Governor and to have the opportunity to raise concerns, but also to share the positive outcomes that are being achieved in the local area.

The Governor toured the centre, meeting the



Brave paints with Uncle Digby Moran.

jarjums in each of the rooms and was treated to a performance in the local Bundjalung language by the preschool group.

He said he was pleased to see that Aboriginal culture, language and connection to country was an integral part of the children's learning at the centre.

Bunjum is one of the five Aboriginal co-operatives that owns the Koori Mail.



BUNJUM BUILDING PARTNERSHIPS & NETWORKS



Community Yarn up
At Bush Garden Event
And Planting Day

Over 2017-2018 Bunjum has been building a strong partnership with Brook Farm.

Brook Farm is a local Byron Bay Family owned business that manufacture many macadamia based food products and has a rainforest property in which they run tours of many native plants and trees.

During 2018 Brook Farm has partnered with Bunjum to establish a bush tucker garden at Jarjum Bugal Nah Childcare and Family Centre in which over 40 edible plants were established for the community and childcare to enjoy.

Brook Farm continues to want to grow a long-term partnership with Bunjum to see a better healthy future for our community. Bunjum would like to thank the Brook Family and the Brook Farm Staff for their partnership in 2018.



Bunjum Values Partnerships & Networks

As an Aboriginal Community Controlled Organisation we value working in partnership with key groups for best outcomes for Aboriginal Children & their Families:

- ♦ Bullinah AHS
- ♦ Solid Mob
- ♦ Community Transport
- ♦ Cabbage Tree Island Public School
- ♦ Ballina Public School
- ♦ Ballina Coast High School
- ♦ Ballina CTI Local AECG
- ♦ Upper North Coast Regional AECG
- ♦ AIME
- ♦ Alstonville High School
- ♦ NDIS Local Area Coordinators
- ♦ ABSEC
- ♦ SNAICC



Thank you and we look forward to continuing in 2019

Merry Christmas & Safe Holidays

Deadly Jarjum's Colouring Time



Deadly Jarjum's Quiz

Santa Claus

Z H S V C E J W O R K S H O P N I G H T
 U G T A H S B D N A U G H T Y X D Q R E
 H M P H I O O R E A T R C O H O H O H M
 C A A G M N O E L V E S R O O F T O P O
 O G I I N Y T C G C T O Y M A K E R L C
 O I M E E R S N N O R T H P O L E E O U
 K C R L Y R P A I S I E C N E S S H D P
 I B N S M E D R R C A V I X E N R S U I
 E A W X C H U P K I H N Q N M Z E A R D
 S G N I K C O T S I L O T K D H T D Y R
 R U N R E D S U I T K S L A U E T I L A
 F A T H E R C H R I S T M A S A E P L E
 R E O B I M I L K I N D N E S S L R O B
 J R V X E B R R X T E P H P T X S R J W

Santa	Rudolph	boots
Mrs. Claus	night	magic bag
elves	presents	chimney
North Pole	kindness	stockings
reindeer	naughty	coal
Dasher	nice	cookies
Dancer	list	milk
Prancer	letters	jolly
Vixen	Ho ho ho	toymaker
Comet	beard	workshop
Cupid	red suit	sleigh
Donner	cherry nose	rooftop
Blitzen	hat	

To answer the trivia questions, look a words or phrases that are hidden in the puzzle, but not in the word list.

Trivia : What three other names does Santa Claus use?

Answers: _____
 and _____

M
E
R
R
Y

C
H
R
I
S
T
M
A
S





**BUNJUM BOARD
MANAGEMENT AND STAFF
WOULD LIKE TO WISH ALL
COMMUNITY MEMBERS
A MERRY & SAFE CHRISTMAS
TAKE CARE IN THE HOLIDAYS
WE LOOK FORWARD TO
WORKING BESIDE YOU ALL
IN 2019**